






MTA SENIOR PROGRAM - JULY 2024

Classes take place at Rec 5 (Ainamakua Dr.) unless otherwise noted.






Please contact Jess at 808-440-2640 for registration assistance. Active WebTrac account required for registration.

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
			 <p>4th of July Picnic at Kealohi Park - Stop by Kealohi Park (near Rec 4 - Makapipipi St.) and enjoy a day with friends! Bring a bento or gather a group of members to coordinate a picnic. Seating will not be provided. Lawn Games and an Activity will be scheduled.</p>	Holiday 4 th of July – Admin Closed		
7	8	9	10	11	12	13
			 <p>Cyber Safe Seniors Presentation– Cyber Safe Seniors will present on cybercrime and safe cybersecurity practices. Presentation to start promptly at 10am</p>			MTA Event: MBTP, R1
14	15	16	17	18	19	20
			 <p>Tech Day at Rec 7 – We will have IT present and available for questions and assistance navigating the MTA website along with the WebTrac reservation system. <i>Feel free to come by and hang out! We encourage bringing your own table or portable computer</i></p>			
21	22	23	24	25	26	27
			 <p>SENIOR LUAU – Join us for our 2nd annual Senior Luau. Good Food, Live Entertainment, and more! See staff for performance and party setup/breakdown sign up. <i>Ticket sales 5/29 - 7/10. Contact Jess for more information.</i></p>			MTA Event: Summer Bash, R7
28	29	30	31			
			 <p>Senior Fitness Session with GymGuyz – Start your day with a light warm up, senior-friendly cardio, and safe stretching! <i>Please wear comfortable shoes and clothing. Session to start promptly at 9:30am.</i></p>			

MTA SENIOR PROGRAM - JULY 2024

Classes take place at Rec 5 (Ainamakua Dr.) unless otherwise noted.

Please contact Jess at 808-440-2640 for registration assistance. Active WebTrac account required for registration.

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
			 <p>4th of July Picnic at Kealohi Park - Stop by Kealohi Park (near Rec 4 - Makapipipi St.) and enjoy a day with friends! Bring a bento or gather a group of members to coordinate a picnic. Seating will not be provided. Lawn Games and an Activity will be scheduled.</p>	Holiday 4 th of July – Admin Closed		
7	8	9	10	11	12	13
			 <p>Cyber Safe Seniors Presentation– Cyber Safe Seniors will present on cybercrime and safe cybersecurity practices. Presentation to start promptly at 10am</p>			MTA Event: MBTP, R1
14	15	16	17	18	19	20
			 <p>Tech Day at Rec 7 – We will have IT present and available for questions and assistance navigating the MTA website along with the WebTrac reservation system. <i>Feel free to come by and hang out! We encourage bringing your own table or portable computer</i></p>			
21	22	23	24	25	26	27
			 <p>SENIOR LUAU – Join us for our 2nd annual Senior Luau. Good Food, Live Entertainment, and more! See staff for performance and party setup/breakdown sign up. <i>Ticket sales 5/29 - 7/10. Contact Jess for more information.</i></p>			MTA Event: Summer Bash, R7
28	29	30	31			
			 <p>Senior Fitness Session with GymGuyz – Start your day with a light warm up, senior-friendly cardio, and safe stretching! <i>Please wear comfortable shoes and clothing. Session to start promptly at 9:30am.</i></p>			